

Each month, this newsletter is shaped with grandparents especially in mind, recognizing the quiet, powerful ways you help pass on faith to the next generation. Many of the suggestions offered can also be meaningful for parents, godparents, mentors, teachers, and anyone walking alongside a young person. We encourage you to read prayerfully, imagining how these small but intentional acts of faith might take root in your own relationships.

Theme: The Power of Prayerful Intercession

A Grandparent's Prayerful Strength

There is a hidden strength in the prayers of grandparents and parents. Like St. Monica, who prayed for years for her son Augustine, your intercession can shape destinies. You may not always see the results, but your prayers are never wasted. They rise like incense before God, carrying your hopes, your tears, and your love. When you pray for your family or others—by name, with intention—you are participating in a sacred work. You are standing in the gap, asking God to pour out His mercy and grace.

Prayerful intercession is not passive—it's powerful. It's an act of love that reaches across time and space. Whether you're praying a Rosary, lighting a candle, or simply whispering a name to God, you are building spiritual bridges. Your grandchildren may not understand it now, but one day they may look back and realize: they were carried by your prayers. And in that realization, they may begin to pray too.

Simple Ways to Intercede

- **Name them before God:** Say their name slowly and entrust them to Jesus.
- **Pray Scripture:** Use verses such as *"The Lord bless you and keep you"* (Numbers 6:24).
- **Offer little sacrifices:** Skip a dessert or offer up a small ache for your family's intentions.
- **Keep a list:** Write down each family member's needs and revisit it daily.

Blessing for This Month

Heavenly Father, thank You for the gift of my children and grandchildren. I place them into Your loving hands. May they grow in wisdom, strength, and faith, and may I be a steady light of prayer for them all my days. Amen.

Seed of the Month

Pray One Decade

Choose one child or grandchild and pray a single decade of the Rosary just for them each day this month. Tell them you are doing it—you may be surprised how much it means.

Looking Ahead: Next month we'll focus on *Sharing Your Faith Story*—discovering how our lived experiences with God can bless our grandchildren.